



## Course in human rights and multicultural understanding for journalism students at Kant State University of Russia

Kaliningrad, 21th- 25th March 2011

### Program

#### Monday 21th Introduction to human rights

09.30 - 09.40 Welcome: Presentation of participants and trainers

09.40 - 12.00 The new planet: Introduction to human rights

12.00 -13.00 *Lunch*

13.00 - 14.30 The international human rights system. Declarations, conventions and international protection mechanisms

14.30 – 15.00 National protection of human rights

15.00- 16.00 A Kant student experiences from human rights courses and a visit to Norway and Volda University College

#### Tuesday 22nd International human rights

09.30 – 10.30 The human rights system in Europe

10.30 – 12.00 The newspaper exercise

12.00 – 13.00 *Lunch*

13.00 – 15.00 Let's analyze the human rights situation!

15.00 – 16.00 Pantomime

#### Wed. 23rd Journalism, Ethics and Human Rights

09.30 – 12.00 The journalist role and the Code of Ethics. *Lecture and group work*

12.00 – 13.00 *Lunch*

13.00 – 14.30 The situation for human rights in Kaliningrad. *Discussion with Irina Vershinina, Human Rights Ombud in Kaliningrad*

14.30 – 16.00 100 % freedom of expression?

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MENNESKERETTIGHETS AKADEMIET

**Thursday 24th Human Rights and Civil Society**

09.30 – 11.00 Different media models

11.00 – 12.00 The civil society

12.00 – 13.00 Lunch

13.00 – 16.00 Exercises and lectures about human rights from Kaliningrad teachers that have participated at the Human Rights Academy's former courses for teachers in Kaliningrad and Oslo

**Friday 25th Multicultural understanding and Human Rights**

09.30 – 11.00 "Us and them" about stereotypes and prejudice

11.00 – 12.00 "The others" In Russia in history and today

12.00 – 13.00 Lunch

13.00 – 14.00 Human rights dilemmas. Dialogue exercise

14.00 – 15.00 Human rights and journalism – what is the connection?

15.00 – 16.00 Evaluation and diplomas

*The training is based on presentations, group work, exercises and plenary discussions.*

**Trainers:**

**Lillian Hjorth, Human Rights Academy**

**Jan Ytrehorn, Volda University College**